

Menu subject to change according to what is fresh, local and in season.

MVWSD - Middle School MENU April 2024				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Grab & Go *</u> Chicken Caesar Salad w/ Fresh Baked Dinner Roll w/ Ranch Dressing</p> <p><u>Deli *</u> Hot Meat Ball Sandwich on Hoagie Roll w/ Provolone Cheese</p> <p><u>Vegetarian</u> Garden Burger (v) w/ Baked Seasoned Fries w/ Lettuce & Tomato</p> <p><u>Noodles *</u> Cheese Tortellini (V) w/ Parmesan Cheese & Marinara Sauce</p> <p><u>Home Plate Favorites</u> Spicy Chicken Sandwich w/ Baked Seasoned Fries OR Cheese Burger w/ Baked Seasoned Fries & Lettuce & Tomato</p>	<p><u>Grab & Go *</u> Southwest Chicken Tender Tortilla Wrap w/ Corn Salsa & Veggies Ranch Dressing Cup</p> <p><u>Deli *</u> Turkey & Cheddar on Fresh French Bread w/ Tomato & Lettuce</p> <p><u>Vegetarian *</u> Fresh 2 cheese Grilled Quesadilla</p> <p><u>Noodles *</u> Spaghetti Marinara w/ Mozzarella Parmesan Cheese (V)</p> <p><u>Home Plate Favorites</u> New York Pizza Pepperoni Pizza Slice OR New York Pizza Cheese Pizza Slice (v) Pizza Delivered Fresh</p>	<p><u>Grab & Go *</u> Turkey & Cranberry w/ Jack & Cream Cheese Tortilla Wrap Ranch Dressing cup</p> <p><u>Deli *</u> Hot Roast Beef Philadelphia Peppers & Onions & Cheese</p> <p><u>Vegetarian</u> Bean & Cheese Pupusa w/ Fresh Salsa & Cabbage</p> <p><u>Noodles *</u> Macaroni & Cheese (V) *</p> <p><u>Home Plate Favorites</u> Crispy Chicken Leg w/ Baked Curly Fries Fresh Salsa on Salad bar & Chef Choice Salad</p>	<p><u>Grab & Go*</u> Crispy Chicken Tender Tortilla Wrap & Fresh Veggies Ranch Dressing Cup</p> <p><u>Deli *</u> BBQ Pork Sliders on Fresh Mini Buns</p> <p><u>Vegetarian</u> Cheese Bites w/ Marinara Sauce Cup</p> <p><u>Soup *</u> Chicken Pozole Soup w/ Tortilla Chips</p> <p><u>Home Plate Favorites</u> Chicken & Cheese Crisпитos 2 ea. Fresh Chef Choice Salad on Salad Bar</p>	<p><u>Grab & Go *</u> Asian Chicken Salad w/ Wontons Strips & Roll and Mandarin Oranges W/ Asian Dressing</p> <p><u>Deli *</u> Tuna Fish on Fresh French Bread W/ Tomato & Lettuce</p> <p><u>Vegetarian *</u> Grilled Cheese on Texas Toast (V)</p> <p><u>Noodles *</u> Broccoli Beef Stir Fry w/ Noodles</p> <p><u>Home Plate Favorites</u> Crispy Chicken Tenders Loaded Mashed Potato's w/ Cheddar Cheese & Turkey Bacon Bits *</p>

All entrees are Freshly Prepared and meet HHFKA/USDA Standards. Entrees are served with our fresh, local, Fruit and vegetable bar.

BREAKFAST :

Served Daily:
 ASST. Cereal Cups
 Bagel & Cream Cheese
 Fresh Fruit & Yogurt
 Parfait Cups

BREAKFAST :

MON: Fresh Pan Dulce Bun
Tues : Waffles & T-Sausage & Hash brown
Wed: Fresh Baked Chocolate Chip Muffin
Thurs: Apple Strudel Pastry
Fri: Hot T-Ham & Cheese C on Fresh Baked Croissant

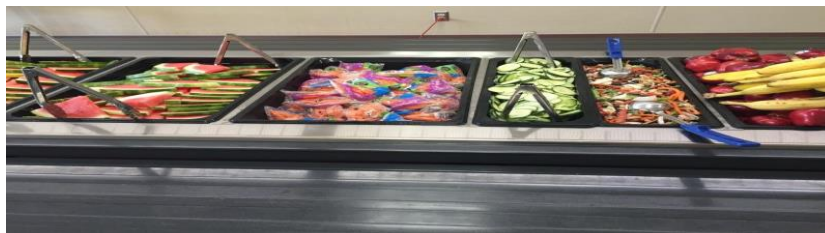


Juice Day

Tuesday &
 Thursday

DAILY MILK:

Chocolate Non Fat
 1% low Fat White
 Non Fat Milk



Made Fresh In House
 Has Asterix ***

BEEF
PORK
VEGETARIAN (v)
TURKEY BACON -T. BACON

You may qualify for free or reduced price meals. Applications are available at all schools, on line and the district office. For questions regarding the food service program you can call the food service office at (650) 903-6965.

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.